

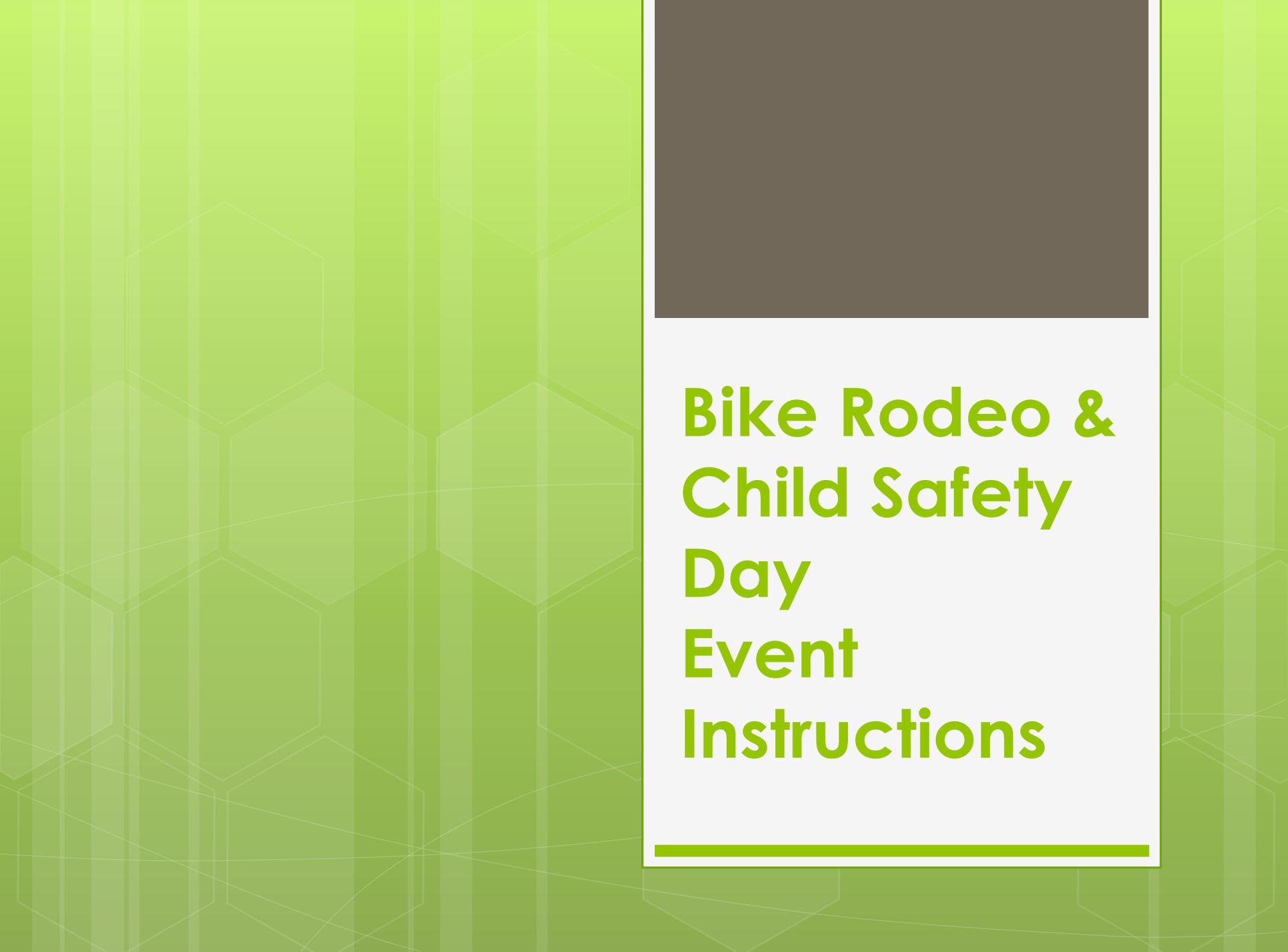
The Following Presentation
Is Provided By:



Texas Office for Prevention
of Developmental Disabilities

Minding the Minds of Children





**Bike Rodeo &
Child Safety
Day
Event
Instructions**

Materials

- line marker machine, chalk, stop sign, cones, bike tire pump, tools (including Allen wrench), registration materials, name tags, bike inventory and check out materials, 6-8 tables, activity sheets, and signs for each station.

Volunteers

- 20-25 volunteers are best for about 100 participants. However, you can run a great rodeo with fewer volunteers.

Volunteer Assignments

- Event Coordinator
- Volunteers: 4-Registration table, 4-helmet fitting, 2-bike checkout, 2-each for station 4-7 (8), 2-floaters, 2-activity table, 4-water and food.
- 2-3 bike mechanics

Location

- Clean flat surface-large paved parking lot.
- 100' X 150' size lot is best.
- Use cones to block vehicle traffic from entering event area.

Station One

- Registration: 4 volunteers to sign-in children, get waiver form signed by parent, give goody bag, and door prize ticket. (door prized and goody bag is optional)

Station Two

- Helmet Fitting: 4 volunteers to adjust or fit helmets.
- You may choose to loan helmets for the event only, or host a helmet giveaway.
- Resources for helmet giveaways will be discussed.

Station Three

- Bike check: 2-3 volunteers (preferably bike mechanics) to check air, brakes and make minor adjustments as needed.
- This is a resource you will want to plan early for. Contact local bike shops, or racing teams.

Station Four

- Slalom Course and Turns: 2 volunteers- 1 at the start 1 at the end. See diagram in you packet.
- Thanks to Austin/Travis County Youth Traffic Safety Project for the diagrams.

Station Five

- Turns-2 to 3 volunteers- 1 at starting point, 1 at turns, 1 at end.
- Place your stop sign at the end of course.
- Teach the turn signals at starting point.
- Encourage use of signals throughout the ride.

Station Six

- Figure 8- 2 volunteers
- Encourage kids to keep their feet on the pedals and not stop. You can have more than 1 rider in this course.

Station Seven

- Slow Race: 2 volunteers to discuss rules and oversee station. Riders need to keep feet on pedals, stay between the lines and be the last rider across the finish line.

Station Eight

- Safety Station-2 volunteers to talk about safety and oversee activities at the table.
- The activities can be games, bingo, coloring pages.

Station Nine

- Water and Snacks- 2-4 volunteers depending on if you serve snacks or just water.
- It is also important to plan your event so there is access to restrooms.

Station Ten

- Vendors: you can invite the Fire Department, Police Department, water safety specialist, car seat safety experts, lawn mower safety experts, nutritionist.
- This is open to how large or small you would like your event to be.

Cleanup

- I would have at least 10 volunteers stay to help cleanup.

Closing

- This event is fun for children and parents and can be changed to accommodate your community and audience.
- Technical assistance is available from staff at TOPDD by calling **512-206-4544**.