



**You are Cordially Invited to Advocate for Mental Health at the Texas Capitol
by Participating in the
Mental Illness Awareness Coalition's***

CAPITOL DAY

Thursday, February 19, 2015

10:00 am - 4:00 pm

Schmidt-Jones Family Life Center, First United Methodist Church

Great Hall, 2nd Floor

1300 Lavaca

Austin, Texas

Please join the Coalition for a day of advocacy for mental health at the Texas Capitol. Activities include:

- 10:00 am - 11:45 am:** Advocacy Workshop- receive briefings on key legislative issues and tips on effective legislative advocacy.
- 11:45 am - 12:15 pm:** Box Lunch - enjoy a brief lunch with friends.
- 12:30 pm - 1:15 pm:** Rally on the South steps of the Capitol - participate in rally to draw public attention to important legislation for persons with mental illnesses in Texas.
- 1:15 pm - 3:30 pm:** Visits with members of the Legislature - visit members of the Legislature in teams of advocates to encourage support of needed legislation.
- 3:30 pm - 4:00 pm:** Reception - Wrap-up your visit to the Capitol with refreshments and sharing of your experience.

Steps to take to fully participate in **CAPITOL DAY**:

1. Locate your Senator and Representative using the following link, <http://www.fyi.legis.state.tx.us/Home.aspx>, and if possible, call their offices for an appointment on February 19 between 1:15 pm and 3:00 pm (if they are not available, please ask to meet with their Chief of Staff or legislative policy aide).
2. NAMI Greater Houston, NAMI Gulf Coast, NAMI Dallas, and NAMI San Antonio are arranging for group travel to the event. If you would like to travel with other advocates from your area, please contact:
NAMI Greater Houston: Glenn Urbach 713/970-4419 gurbach@namigreaterhouston.org
NAMI Gulf Coast: Jeanette Taylor 281/585-3100 namigc@namigulfcoast.org
NAMI Dallas: John Dornheim 214/341-7133 johnd@namidallas.org
NAMI San Antonio: Christy Munson 210/734-3349 admirdir@nami-sat.org
3. Complete the enclosed **CAPITOL DAY Registration Form** and return it by February 13.
4. Come to **CAPITOL DAY** prepared to learn and to have a very fulfilling and fun experience.

***The Mental Illness Awareness Coalition, founded in 1995, includes: Depression and Bipolar Support Alliance of Texas, Mental Health America of Texas, NAMI Texas and the Federation of Texas Psychiatry (including the Texas Society of Psychiatric Physicians, the Texas Academy of Psychiatry and the Texas Society of Child and Adolescent Psychiatry).**

CAPITOL DAY REGISTRATION



**Thursday, February 19, 2015
10:00 am - 4:00 pm
Schmidt-Jones Family Life Center
First United Methodist Church
Great Hall, 2nd Floor
1300 Lavaca (one block west of the Capitol)
Austin, Texas**

Name	Email	Telephone	
Address	City	State	Zip Code
Organization Affiliation			

Number attending _____ at \$10.00 Registration Fee each Total Fee Enclosed \$ _____

Please make checks payable to "NAMI Texas"

Name(s) of Registrants for name badges:

Please return your Registration Form and Fee by February 13 to:

*NAMI Texas
2800 S IH-35, Suite 140
Austin, TX 78704*

**MENTAL HEALTH TREATMENT WORKS!
Improve Access and Remove Barriers**